



BERNARD
FOOD INDUSTRIES, INC.®

REDUCED SODIUM INSTANT CHEESE SAUCE MIX

REORDER 306103

Our Reduced Sodium Instant Cheese Sauce Mix is so easy to prepare. Simply add the Cheese Sauce Mix to hot water, mix by hand with a wire whisk, allow to stand for a few minutes, wire whisk by hand again briefly and it is ready to serve. The finished product is rich, creamy Cheese Sauce that is perfect for use in preparing Macaroni and Cheese and a wide variety of hot dishes.

Use as your cheese sauce for Au Gratin vegetables such as potatoes, broccoli, cauliflower, etc. Do you want to see kids eat vegetables? Simply serve them with cheese sauce and watch them go! Put it on the Potato bar, the Taco bar; use it on your Cheese Dogs, Chili-Cheese Dogs and Cheesy Fries. Our Instant Cheese Sauce can be used anywhere a high quality cheese sauce is needed. The possibilities are endless, and it's only 2 grams of fat per 1/4 cup serving.

Note: A 1/4 cup serving of Bernard Instant Cheese Sauce contains < 1 gram of protein which is below the minimum countable amount of Meat/Meat Alternate. We hereby certify that the Product Nutritional Information shown on this page is true and accurate.

GLUTEN FREE

YIELD PER CASE: 576 – 1/4 cup servings

PACK SIZE: 8 @ 32 oz. pouches

Nutrition Facts

Serving Size 1/4 cup prepared (13g mix)

Servings Per Container 72

Amount Per Serving

Calories 50 Calories from Fat 15

% Daily Value *

Total Fat 2 g **3%**

Saturated Fat 1 g 5%

Trans Fat 0 g

Cholesterol < 5 mg **1%**

Sodium 140 mg **6%**

Potassium 15 mg **0%**

Total Carbohydrate 9 g **3%**

Dietary Fiber 0 g 0%

Sugars < 1 g

Protein < 1 g **1%**

Vitamin A 0%

Vitamin C 0%

Calcium 3%

Iron 0%

* Percent Daily Values are based on a 2000 calorie diet. Your values may be higher or lower depending on your needs:

		Calories: 2,000	2,500
Total Fat	Less than	65 g	80 g
Saturated Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2400 mg	2400 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g

Ingredients: MALTODEXTRIN, MODIFIED CORN STARCH, GREAMER POWDER (PALM OIL, CORN SYRUP SOLIDS, SODIUM CASEINATE, MONO AND DIGLYCERIDES, SODIUM SILICO ALUMINATE), CHEESE BLEND (CHEDDAR CHEESE [MILK, CHEESE CULTURES, SALT, ENZYMES], WHEY, BUTTER [CREAM, SALT], BUTTERMILK, SALT, DISODIUM PHOSPHATE, NATURAL FLAVOR, YELLOW #5 AND YELLOW #6), NATURAL CHEESE FLAVOR, ROMANO CHEESE (MADE FROM COWS MILK, SALT, CHEESE CULTURES, ENZYMES), WHEY, DISODIUM PHOSPHATE, LACTIC ACID), XANTHAN GUM, TETRASODIUM PYROPHOSPHATE, SUNFLOWER OIL, DISODIUM INOSINATE AND DISODIUM GUANYLATE, NATURAL FLAVOR, SOY LECITHIN, MUSTARD FLOUR, ARTIFICIAL FLAVOR, YELLOW #5, YELLOW #6.

Contains MILK, SOY