



# BERNARD

FOOD INDUSTRIES, INC.®

NO SUGAR ADDED      LOW FAT

CHOLESTEROL FREE

## CARROT CAKE MIX

REORDER 539013

The unprecedented success of our **Calorie Control Fruit Treats** has resulted in the application of the same fruit/flavor system into a new line of dietary cake mixes flavored with actual fruit and fruit flavors.

*Bernard Food Industries* first introduced Dietary Bakery and Frosting Mixes to the healthcare trade in 1950 and has continually been in the forefront of technological advances in new food product development. These **Fruited Dietary Bakery Mixes** are the very first in the food industry and as with all **Bernard** brand products, are of the highest quality possible to attain.

In addition to their usual preparation as Layer Cakes, these **Fruited Dietary Bakery Mixes** also make excellent muffins.

**Diabetic Exchange:** One serving is approximately equal to 2 bread and ½ fat exchanges.

**YIELD PER CASE:** 144 – 2 oz. servings

**PACK SIZE:** 12 @ 16 oz. cans

<b>Nutrition Facts</b>	
12 servings per container	
<b>Serv. size 1/12 cake (38g mix)</b>	
<b>Amount per serving</b>	
<b>Calories</b>	<b>140</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 3g	<b>4%</b>
Saturated Fat 1.5g	<b>7%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 200mg	<b>8%</b>
<b>Total Carbohydrate</b> 27g	<b>10%</b>
Dietary Fiber 2g	<b>7%</b>
Total Sugars 1g	
Includes 0g Added Sugars	<b>0%</b>
Sugar Alcohol 11g	
<b>Protein</b> 3g	
Vitamin D 0mcg	0%
Calcium 35mg	3%
Iron 1mg	6%
Potassium 135mg	3%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Ingredients : Enriched Bleached Flour (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Sorbitol, Shortening Powder (Palm Oil, Corn Syrup Solids, Sodium Caseinate, Dipotassium Phosphate, Monoglycerides, Sodium Silicoaluminate), Maltodextrin, Low Moisture Carrot, Dried Egg White With Sodium Lauryl Sulfate, Lecithinated Soy Flour, Powdered Cellulose, Emulsifier (Propylene Glycol Mono And Diesters Of Fats And Fatty Acids, Mono And Diglycerides, Nonfat Milk, Palm Oil And Disodium Phosphate), Sodium Bicarbonate, Modified Corn Starch, Sodium Aluminum Phosphate, Spice, Monocalcium Phosphate, Natural Flavor, Guar Gum, Xanthan Gum, Artificial Flavor, Acesulfame Potassium, Caramel Color.  
Contains Milk, Egg, Wheat, Soy