



**BERNARD**  
FOOD INDUSTRIES, INC.®

NO SUGAR ADDED

LOW CHOLESTEROL

**DIETARY**  
**NO BAKE**  
**VANILLA CUSTARD**

REORDER 527045

This no sugar added, low cholesterol **Custard Mix** is not only a “no bake” product, but can either be served in a dessert cup or made into a dietary Custard Pie. One of the secrets of success in our Special Diet Line is that it is almost impossible for the patient to tell the difference in flavor between our Dietary products and our regular products. This not only gives this product “patient acceptance,” but it helps stimulate morale in that a patient can enjoy a decent bit of food though it is dietary in nature.

Diabetic Exchange: A 4 fl. oz. serving is approximately equal to ½ milk exchange plus 1 fruit exchange.

**Gluten Free**

YIELD PER CASE: 228 – ½ cup servings

PACK SIZE: 12 @ 20 oz.

**Nutrition Facts**

Serving Size 1/2 cup prepared (30g mix)

Servings Per Container 19

Amount Per Serving

Calories 110      Calories from Fat 30

	% Daily Value *
<b>Total Fat 3 g</b>	<b>5%</b>
Saturated Fat 1.5 g	8%
Trans Fat 0 g	
<b>Cholesterol &lt; 5 mg</b>	<b>1%</b>
<b>Sodium 50 mg</b>	<b>2%</b>
<b>Potassium 210 mg</b>	<b>6%</b>
<b>Total Carbohydrate 22 g</b>	<b>7%</b>
Dietary Fiber 0 g	1%
Sugars 4 g	
Sugar Alcohol 15 g	
<b>Protein 3 g</b>	<b>6%</b>
Vitamin A	0%
Vitamin C	0%
Calcium	10%
Iron	0%

\* Percent Daily Values are based on a 2000 calorie diet. Your values may be higher or lower depending on your needs:

	Calories:	2,000	2,500
Total Fat	Less than	65 g	80 g
Saturated Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2400 mg	2400 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g

**Ingredients:** SORBITOL, CREAMER POWDER (PALM OIL, CORN SYRUP SOLIDS, SODIUM CASEINATE, MONO AND DIGLYCERIDES, SODIUM SILICO ALUMINATE), BUTTERMILK SOLIDS, WHEY PROTIEN CONCENTRATE, MODIFIED CORN STARCH, CARRAGEENAN, EMULSIFIER (MONO AND DIGLYCERIDES, NONFAT MILK SOLIDS, MODIFIED CORN STARCH), POTASSIUM CITRATE, ARTIFICIAL FLAVOR, YELLOW #5 AND #6.

Contains MILK