



**BERNARD**  
FOOD INDUSTRIES, INC.®

**CHOCOLATE  
FLAVOR  
HI-PRO PLUS INSTANT  
BREAKFAST IN PORTION PACKS**  
REORDER 427021

Bernard brand **Hi-Pro** is now the designated nutritional food supplement in a number of states for use in state healthcare establishments, as well as thousands of hospitals, nursing homes, convalescent homes, retirement centers, and other healthcare institutions nationwide.

In convenient portion pack form, these fine nutritional supplements can be prepared, literally in seconds - just add the contents of the individual portion pack pouch to 8 ounces of cold milk, stir and serve - it's as simple as that.

Packed 100 packets per case, **Hi-Pro Plus Instant Breakfast** in portion pack is easy to store ... consistent in high quality and flavor.... and convenient.

**Hi-Pro Plus Instant Breakfast** in portion pack can be served in a number of ways incorporating juice and fruits. Just a few suggestions are:

**Chocolate Flavor:** Instead of using 8 ounces milk, use just 6 ounces milk and half a banana. Blend and serve.

**Easy Preparation:** Bernard brand **Hi-Pro Plus Instant Breakfasts** have been "instantized" so that the product mixes easily with milk, fruit juice, fruits of all types, ice cream and sherbert. The finished Instant Breakfast comes out smooth and delightful to the palate.

**GLUTEN FREE**

**YIELD PER CASE: 100 – 8 oz. servings**

**PACK SIZE: 100 @ 1.25 oz.**

**Nutrition Facts**

Serving Size 1 cup milk plus 35g mix  
Servings Per Container 1

Amount Per Serving		
	Mix alone	Prepared
<b>Calories</b>	<b>130</b>	<b>280</b>
Calories from Fat	10	90
<b>% Daily Value*</b>		
<b>Total Fat 1 g</b>	<b>2%</b>	<b>15%</b>
Saturated Fat 0 g	2%	30%
Trans Fat 0 g		
<b>Cholesterol &lt; 5 mg</b>	<b>1%</b>	<b>12%</b>
<b>Sodium 105 mg</b>	<b>4%</b>	<b>9%</b>
<b>Potassium 380 mg</b>	<b>11%</b>	<b>22%</b>
<b>Total Carbohydrate 24 g</b>	<b>8%</b>	<b>12%</b>
Dietary Fiber 0 g	2%	2%
Sugars 23 g		
<b>Protein 7 g</b>	<b>14%</b>	<b>30%</b>
Vitamin A	30%	35%
Vitamin C	30%	35%
Calcium	29%	58%
Iron	30%	30%

\* Percent Daily Values are based on a 2000 calorie diet. Your values may be higher or lower depending on your needs:

	Calories:	2,000	2,500
Total Fat	Less than	65 g	80 g
Saturated Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2400 mg	2400 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g

**Ingredients:** NONFAT DRY MILK, DEXTROSE, SUGAR, COCOA (PROCESSED WITH ALKALI), SHORTENING POWDER (PALM OIL, CORN SYRUP SOLIDS, SODIUM CASEINATE, DIPOTASSIUM PHOSPHATE, MONOGLYCERIDES, SODIUM SILICOALUMINATE), CALCIUM SULFATE, VITAMIN MINERAL BLEND (VITAMINS A, B1, B2, B6, B12, C, D3, E, K1, NIACINAMIDE, FOLIC ACID, BIOTIN, PANTOTHENIC ACID, IRON, IODINE, MAGNESIUM, ZINC, COPPER, CHROMIUM, MANGANESE, MOLYBDENUM, SELENIUM), SILICON DIOXIDE, ARTIFICIAL FLAVOR, SUNFLOWER OIL, SOY LECITHIN, CARRAGEENAN.

Contains MILK, SOY