



**BERNARD**  
FOOD INDUSTRIES, INC.®

**HI-PROTEIN, FORTIFIED  
CHOCOLATE MILK SHAKE PLUS**

REORDER 419027

*Bernard Food Industries, Inc. Milk Shake Plus -*  
Tastes like a soda fountain shake!

**GLUTEN FREE**

YIELD PER CASE: 288 – 1 cup servings

PACK SIZE: 6 @ 3 lb., 12 oz.

**Nutrition Facts**

48 servings per container

**Serving size 1 cup milk plus 35g mix**

Amount/serving	Mix	Prepared
<b>Calories</b>	<b>130</b>	<b>280</b>
	% DV*	% DV*
<b>Total Fat</b>	1g <b>1%</b>	8g <b>15%</b>
Saturated Fat	<1g <b>2%</b>	5g <b>29%</b>
Trans Fat	0g	0g
<b>Cholesterol</b>	<5mg <b>2%</b>	35mg <b>13%</b>
<b>Sodium</b>	110mg <b>5%</b>	220mg <b>9%</b>
<b>Total Carb.</b>	24g <b>8%</b>	35g <b>12%</b>
Dietary Fiber	<1g <b>3%</b>	<1g <b>3%</b>
Total Sugars	24g	35g
Incl. Added Sugars	13g <b>26%</b>	13g <b>26%</b>
<b>Protein</b>	7g	15g
Vitamin D	3mcg 30%	5.5mcg 55%
Calcium	300mg 30%	600mg 60%
Iron	7mg 35%	7mg 35%
Potassium	340mg 10%	700mg 21%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Whey Protein Concentrate, Dextrose, Sugar, Cocoa (Processed With Alkali), Calcium Sulfate, Vitamin Mineral Blend (Vitamins A, B1, B2, B6, B12, C, D3, E, K1, Niacinamide, Folic Acid, Biotin, Pantothenic Acid, Iron, Iodine, Magnesium, Zinc, Copper, Chromium, Manganese, Molybdenum, Selenium), Carrageenan, Silicon Dioxide, Artificial Flavor, Sunflower Oil, Soy Lecithin.  
Contains Milk, Soy