



**BERNARD**  
FOOD INDUSTRIES, INC.®

“THE SALT IS OUT THE FLAVOR IS IN”

**LOW SODIUM  
SPAGHETTI SAUCE MIX**

REORDER 308123

This fine **Low-Sodium Spaghetti Sauce Mix** has been carefully blended to provide the flavor and seasoning so essential to add “zest” to the diet of the low-sodium patient. Not only can you prepare a delicious low-sodium Spaghetti Sauce at only pennies per serving, but you can use it to add a delicious flavor to other pasta dishes such as macaroni, and over meat loaf, in stews, seafood, poultry, rice and other entrees and side dishes prepared for low-sodium diets. Very easy to prepare.

**Ingredients:** Modified Corn Starch, Tomato Powder, Sugar, Maltodextrin, Modified Tapioca Starch, Onion And Garlic, Hydrolyzed Soy Protein, Partially Hydrogenated Soybean Oil, Spices, Citric Acid, Sodium Citrate, Extractives Of Paprika, Red #40 Lake.

**GLUTEN FREE**

**YIELD PER CASE: 210 – ½ cup servings**

**PACK SIZE: 6 @ 18 oz.**

**Nutrition Facts**

35 servings per container

**Serving size 1/2 cup prepared (15g Mix)**

<b>Amount/serving</b>	<b>Mix</b>		<b>Prepared</b>	
<b>Calories</b>	<b>50</b>		<b>80</b>	
	<b>% DV*</b>		<b>% DV*</b>	
<b>Total Fat</b>	<1g	<b>1%</b>	3g	<b>4%</b>
Saturated Fat	0g	<b>0%</b>	.5g	<b>2%</b>
Trans Fat	0g		0g	
<b>Cholesterol</b>	0mg	<b>0%</b>	0mg	<b>0%</b>
<b>Sodium</b>	135mg	<b>6%</b>	135mg	<b>6%</b>
<b>Total Carb.</b>	12g	<b>4%</b>	12g	<b>4%</b>
Dietary Fiber	<1g	<b>2%</b>	<1g	<b>2%</b>
Total Sugars	4g		4g	
Incl. Added Sugars	4g	<b>8%</b>	4g	<b>8%</b>
<b>Protein</b>	<1g		<1g	
Vitamin D	0mcg	0%	0mcg	0%
Calcium	0mg	0%	0mg	0%
Iron	0mg	0%	0mg	0%
Potassium	15mg	0%	15mg	0%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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