



**BERNARD**  
FOOD INDUSTRIES, INC.®

REORDER 202175

**KWIK DISH  
LASAGNA DINNER MIX**

**Steam Kettle Directions:**

1. Brown 50 lbs. of ground beef. Drain excess fat.
2. Combine cooked beef with 20 lbs. of tomato paste, 10 gallons of hot water, with the Lasagna Pasta from this container and contents of Lasagna Seasoning from this container.
3. Bring mixture to a boil, reduce heat, cover and simmer for 30 minutes stirring occasionally.
4. Allow to stand for 5 to 10 minutes prior to serving.
5. Using 25 lbs. shredded cheese, top each serving with cheese or add the cheese to completed Lasagna Dinner and stir in gently prior to serving.

**Yield:** 500 – 6 oz.\* servings (#8 scoop-mounded) providing 2 oz. Meat/Meal Alternate, ½ Bread / Grain oz. equivalent and ¼ cup Red Vegetable.

\* = By Weight

**Nutrition Facts**

500 servings per container	
<b>Serv. size</b>	<b>6 oz prepared (21g mix)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>70</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> .5g	<b>1%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 480mg	<b>21%</b>
<b>Total Carbohydrate</b> 15g	<b>5%</b>
Dietary Fiber 1g	<b>5%</b>
Total Sugars 3g	
Includes 3g Added Sugars	<b>6%</b>
<b>Protein</b> 2g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron .7mg	4%
Potassium 20mg	0%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Ingredients : Pasta (51% Whole Durum Flour, Semolina Durum Wheat Flour [Enriched With Ferrous Sulfate, Niacin, Thiamin Mononitrate, Riboflavin, Folic Acid] And Water), Sugar, Salt, Corn Starch, Onion Powder, Garlic Powder, Sunflower Oil, Citric Acid, Paprika, Silicon Dioxide, Spice, Parsley.  
Contains Wheat

**NET WEIGHT 23 LBS., 5 OZ. (11.48 KGS)**

Distributed by Bernard Food Industries, Inc  
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