



BERNARD
FOOD INDUSTRIES, INC.®

**VEGETARIAN PLANT
BASED TACO MIX**

REORDER 207223

Meatless Monday will now merge with Taco Tuesday. Since 1972 Bernard Food Industries has developed and marketed a variety of meat substitute entrees.

Our new plant based Taco Filling looks and tastes like ground beef combined with bold southwest seasoning. Create flavorful tacos, burritos. You can toss some of the mix right onto salads for flavorful extra protein.

There is a meatless revolution happening. These products are better for you and better for the planet. Retail sales of plant based meat substitute increased 148% last year. This product is shelf stable and needs no refrigeration. The pandemic has caused both shortages and cost increases in the meat supply.

The consumer wants to add more plants to their diet, but they also demand great taste. All of the major restaurant chains are now serving or testing plant based products in their stores.

Pack Size: 6 @ 18 oz. pouches

Yield per case: 192 – 2 ½ servings

Nutrition Facts

32 servings per container

Serving size 2 1/2 TBSP (16g)

Amount per serving

Calories 70

% Daily Value*

Total Fat 2.5g 3%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 120mg 5%

Total Carbohydrate 5g 2%

Dietary Fiber 2g 7%

Total Sugars 1g

Includes 0g Added Sugars 0%

Protein 7g

Vitamin D 0mcg 0%

Calcium 48mg 4%

Iron 2mg 10%

Potassium 268mg 6%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients : Textured Soy Protein (Caramel Color), Soybean Oil, Onion & Garlic, Tomato Powder, Beef Type Flavor (Hydrolyzed Soy Protein, Corn Syrup Solids, Thiamine, Hydrochloride, Disodium Inosinate and Guanylate), Spices, Chili Pepper, Sugar, Malic Acid, Salt, Paprika, Xanthan Gum and Less Than 2% Silicon Dioxide Added To Prevent Caking.
Contains Soy