

**CALORIE CONTROL
BRAND** ®

BERNARD FOOD INDUSTRIES, INC.
EVANSTON, IL • TOLL FREE: 1-800-323-3663

LOW SODIUM
**BLUEBERRY
FRUIT TREAT MIX**

REORDER 537043

An all purpose, delicious fruit topping for just about everything. Available in six flavors, Apple-Cinnamon, Blueberry, Cherry, Peach, Pina Colada and Strawberry, gives the Foodservice operator the flexibility to meet just about every application. Patients of long-term care facilities who tire of plain fruit day after day can now enjoy the six flavor variety of our fully sweetened, versatile topping. Fruit Treat is one of our most popular products with upscale assisted living facilities, Meals on Wheels and casino operators.

While not quite instant, it is very close. Simply add the appropriate amount of water to ready our Fruit Treat Topping Mix for baking or as a Fruit Topping and allow mixture to stand for 5 minutes.

Fruit Treats make an excellent crisp or pie filling, topped with Bernard Crisp Topping Mix **or** as the perfect topping on cheesecake, diet cakes, pancakes, waffles, French toast, diet pudding, low-fat yogurt, as a topping on toast or just about anything you can think of. And, for that finishing touch, top with Bernard Calorie Control Whipped Topping Mix.

All flavors contain only 60 calories per ¼ cup serving which can be calculated as one fruit exchange, Pina Colada equals one fruit and 1/3 fat exchange. All six flavors qualify as low-sodium with only 10 mg sodium per serving. Low moisture apple pieces are used as the fruit content for each flavor of Fruit Treat.

A 9" x 12" pan will yield 24 – 2 ½" x 2 ½" (¼ cup) servings. The number of servings when used as a topping will be significantly higher.

Sample preparation amounts: Add ¼ cup of dry Fruit Treat to 1 cup water.

Gluten Free

YIELD PER CASE: 138 – ¼ cup servings

PACK SIZE: 6 @ 13 oz. cans

Nutrition Facts

24 servings per container

Serv. size 1/4 cup prepared (15g mix)

Amount per serving

Calories 60

% Daily Value*

Total Fat .5g 1%

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 20mg 1%

Total Carbohydrate 13g 5%

Dietary Fiber <1g **3%**

Total Sugars 5g

Includes 0g Added Sugars **0%**

Protein 0g

Vitamin D 0mcg 0%

Calcium 0mg 0%

Iron 0mg 0%

Potassium 120mg 3%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Low Moisture Apple (With Sodium Sulfite, Calcium Sterate), Maltodextrin, Modified Corn Starch, Sunflower Oil, Potassium Citrate, Malic Acid, Red #40, Salt, Artificial Flavor, Acesulfame Potassium, Ascorbic Acid (Vitamin C), Sucralose, Blue #1

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