

**CALORIE CONTROL  
BRAND** ®

**BERNARD FOOD INDUSTRIES, INC.**  
EVANSTON, IL • TOLL FREE: 1-800-323-3663

**LOW FAT  
NO SUGAR ADDED**

**REDUCED CALORIE  
LOW SODIUM**

**PUMPKIN  
CHEESECAKE MIX**

REORDER 553093

A serving of regular cheesecake made with sugar has 280 calories. **Calorie Control® Cheesecake Mixes** has only 75 calories per serving.

So easy to prepare - NO COOKING. Just add cold skim milk, mix, and presto! - delicious **low-fat cheesecake**.

**Gluten Free**

YIELD PER CASE: 144 – ½ cup servings

PACK SIZE: 6 @ 12 oz.

<b>Nutrition Facts</b>			
24 servings per container			
<b>Serving size 1/2 cup prepared (14g Mix)</b>			
<b>Amount/serving</b>	<b>Mix</b>	<b>Prepared</b>	
<b>Calories</b>	<b>60</b>	<b>80</b>	
	<b>% DV*</b>	<b>% DV*</b>	
<b>Total Fat</b>	2g <b>3%</b>	2g <b>3%</b>	
Saturated Fat	1.5g <b>9%</b>	1.5g <b>9%</b>	
Trans Fat	0g	0g	
<b>Cholesterol</b>	<5mg <b>1%</b>	<5mg <b>1%</b>	
<b>Sodium</b>	130mg <b>5%</b>	150mg <b>6%</b>	
<b>Total Carb.</b>	7g <b>3%</b>	9g <b>3%</b>	
Dietary Fiber	0g <b>0%</b>	0g <b>0%</b>	
Total Sugars	4g	4g	
Incl. Added Sugars	0g <b>0%</b>	0g <b>0%</b>	
<b>Protein</b>	3g	4.5g	
Vitamin D	0mcg 0%	.6mcg 3%	
Calcium	90mg 7%	140mg 11%	
Iron	0mg 0%	0mg 0%	
Potassium	120mg 3%	190mg 4%	

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Nonfat Dry Milk, Whipping Base (Hydrogenated Palm Kernel Oil, Maltodextrin, Mono And Diglycerides, Lactic And Fatty Acids Of Glycerol, Sodium Caseinate, Dipotassium Phosphate), Cream Cheese Blend (Bakers Cheese [Nonfat Milk Solids, Lactic Acid, Culture], Cream Cheese Solids, Disodium Phosphate), Modified Corn Starch, Maltodextrin, Low Moisture Pumpkin, Calcium Caseinate, Tetrasodium Pyrophosphate, Spice, Natural And Artificial Flavor, Caramel Color, Acesulfame Potassium, Sucralose, Yellow #5, Yellow #6, Red #40.  
Contains Milk