

**CALORIE CONTROL  
BRAND**



**BERNARD FOOD INDUSTRIES, INC.**  
EVANSTON, IL • TOLL FREE: 1-800-323-3663

**LOW FAT  
NO SUGAR ADDED**

**REDUCED CALORIE  
LOW SODIUM**

# CHOCOLATE CHIP CHEESECAKE MIX

REORDER 553083

A serving of regular cheesecake made with sugar has 280 calories. **Calorie Control® Chocolate Chip Cheesecake Mix** has only 90 calories per serving.

So easy to prepare - **NO COOKING**. Just add cold skim milk, mix, and presto! - Delicious **low-fat cheesecake**.

**Gluten Free**

YIELD PER CASE: 144 – ½ cup servings

PACK SIZE: 6 @ 12 oz. w

## Nutrition Facts

24 servings per container

**Serving size 1/2 cup prepared (14g Mix)**

Amount/serving	Mix	Prepared
<b>Calories</b>	<b>70</b>	<b>90</b>
	% DV*	% DV*
<b>Total Fat</b>	3g <b>4%</b>	3g <b>4%</b>
Saturated Fat	2.5g <b>12%</b>	2.5g <b>12%</b>
Trans Fat	0g	0g
<b>Cholesterol</b>	<5mg <b>1%</b>	<5mg <b>1%</b>
<b>Sodium</b>	110mg <b>4%</b>	130mg <b>5%</b>
<b>Total Carb.</b>	7g <b>2%</b>	9g <b>3%</b>
Dietary Fiber	<1g <b>1%</b>	<1g <b>1%</b>
Total Sugars	2g	2g
Incl. Added Sugars	0g <b>0%</b>	0g <b>0%</b>
<b>Protein</b>	3g	4.5g
Vitamin D	0mcg 0%	.6mcg 3%
Calcium	70mg 5%	120mg 9%
Iron	0mg 0%	0mg 0%
Potassium	75mg 2%	145mg 3%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Nonfat Dry Milk, Chocolate Flavored Drops (Maltitol, Chocolate Liquor [Processed With Alkali], Cocoa Butter, Sorbitan Tristearate, Soy Lecithin, Vanilla), Whipping Base (Hydrogenated Palm Kernel Oil, Maltodextrin, Mono And Diglycerides, Lactic And Fatty Acids Of Glycerol, Sodium Caseinate, Dipotassium Phosphate), Cream Cheese Blend (Bakers Cheese [Nonfat Milk Solids, Lactic Acid, Culture], Cream Cheese Solids, Disodium Phosphate), Modified Corn Starch, Calcium Caseinate, Tetrasodium Pyrophosphate, Natural And Artificial Flavor, Artificial Flavor, Acesulfame Potassium, Sucralose, Yellow #5 And #6.  
Contains Milk, Soy

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