

**CALORIE CONTROL
BRAND** ®

BERNARD FOOD INDUSTRIES, INC.
EVANSTON, IL • TOLL FREE: 1-800-323-3663

**LOW FAT
NO SUGAR ADDED**

**REDUCED CALORIE
LOW SODIUM**

**CHEESECAKE
MIX**

REORDER 553043

A serving of regular cheesecake made with sugar has 280 calories. **Calorie Control® Cheesecake Mixes** has only 80 calories per serving.

So easy to prepare - NO COOKING. Just add cold skim milk, mix, and presto! - delicious **low-fat cheesecake**.

Gluten Free

YIELD PER CASE: 144 – ½ cup servings

PACK SIZE: 6 @ 12 oz.

Nutrition Facts

24 servings per container

Serving size 1/2 cup prepared (14g Mix)

Amount/serving	Mix		Prepared	
Calories	60		80	
	% DV*		% DV*	
Total Fat	2g	3%	2g	3%
Saturated Fat	1.5g	9%	1.5g	9%
Trans Fat	0g		0g	
Cholesterol	<5mg	1%	<5mg	1%
Sodium	130mg	5%	150mg	6%
Total Carb.	7g	2%	9g	4%
Dietary Fiber	0g	0%	0g	0%
Total Sugars	3g		5g	
Incl. Added Sugars	0g	0%	0g	0%
Protein	3g		4.5g	
Vitamin D	0mcg	0%	.6mcg	3%
Calcium	85mg	7%	140mg	11%
Iron	0mg	0%	0mg	0%
Potassium	100mg	2%	170mg	4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Nonfat Dry Milk, Whipping Base (Hydrogenated Palm Kernel Oil, Maltodextrin, Mono And Diglycerides, Lactic And Fatty Acids Of Glycerol, Sodium Caseinate, Dipotassium Phosphate), Maltodextrin, Cream Cheese Blend (Bakers Cheese [Nonfat Milk Solids, Lactic Acid, Culture], Cream Cheese Solids, Disodium Phosphate), Modified Corn Starch, Calcium Caseinate, Tetrasodium Pyrophosphate, Natural And Artificial Flavor, Artificial Flavor, Acesulfame Potassium, Sucralose, Yellow #5 And #6, Yellow #6. Contains Milk