

**CALORIE CONTROL  
BRAND** ®

**BERNARD FOOD INDUSTRIES, INC.**  
EVANSTON, IL • TOLL FREE: 1-800-323-3663

**NO SALT ADDED**

**LOW FAT**

**REDUCED CALORIE**

**PUMPKIN PIE FILLING  
AND PUDDING MIX**

REORDER 523523

A delicious, reduced calorie instant dessert mix that can be used to make a pumpkin pie or to be served as a tasty pudding.

Especially welcome during the holiday season, Thanksgiving through Christmas, it is also as an every day delight.

**Calorie Control®Pumpkin Pie Mix** can also be combined with our **Calorie Control® Cheesecake Mix** to create a delicious low-fat, low-sodium **Pumpkin Cheesecake**.

**Gluten Free**

YIELD PER CASE: 312 – ½ cup servings

PACK SIZE: 12 @ 16 oz.

**Nutrition Facts**

26 servings per container

**Serving size 1/2 cup prepared (17g mix)**

<b>Amount/serving</b>	<b>Mix</b>		<b>Prepared</b>	
<b>Calories</b>	<b>70</b>		<b>110</b>	
	<b>% DV*</b>		<b>% DV*</b>	
<b>Total Fat</b>	2.5g	<b>3%</b>	2.5g	<b>3%</b>
Saturated Fat	1g	<b>5%</b>	1g	<b>5%</b>
Trans Fat	0g		0g	
<b>Cholesterol</b>	0mg	<b>0%</b>	0mg	<b>0%</b>
<b>Sodium</b>	150mg	<b>6%</b>	200mg	<b>9%</b>
<b>Total Carb.</b>	10g	<b>4%</b>	15g	<b>6%</b>
Dietary Fiber	<1g	<b>2%</b>	<1g	<b>2%</b>
Total Sugars	4g		9g	
Incl. Added Sugars	0g	<b>0%</b>	0g	<b>0%</b>
<b>Protein</b>	3g		6g	
Vitamin D	0mcg	0%	1mcg	5%
Calcium	130mg	10%	250mg	19%
Iron	0mg	0%	0mg	0%
Potassium	190mg	4%	350mg	7%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Whey Protein Concentrate, Modified Corn Starch, Shortening Powder (Palm Oil, Corn Syrup Solids, Sodium Caseinate, Dipotassium Phosphate, Monoglycerides, Sodium Silicoaluminate), Low Moisture Pumpkin, Sodium Alginate, Spice, Tetrasodium Pyrophosphate, Calcium Sulfate, Sunflower Oil, Emulsifier (Mono And Diglycerides, Nonfat Milk Solids, Modified Corn Starch), Titanium Dioxide (Color), Artificial Flavor, Acesulfame Potassium, Caramel Color, Sucralose, Yellow #6, Yellow #5, Red #40. Contains Milk