

# CALORIE CONTROL BRAND



BERNARD FOOD INDUSTRIES, INC.  
EVANSTON, IL • TOLL FREE: 1-800-323-3663

LOW FAT

LOW SODIUM

REDUCED CALORIE

ARTIFICIAL FLAVORED

## VANILLA CUSTARD MIX

REORDER 522061

A regular custard made with added sugar contains approximately 160 calories per serving. Our **Calorie Control® Custard** reduces calories *by more than two-thirds*. It is impossible to taste the difference between **Calorie Control® Custard** and custards sweetened with sugar.

**Gluten Free**

YIELD PER CASE: 396 – ½ cup servings

PACK SIZE: 12 @ 6 oz.

### Nutrition Facts

33 servings per container

**Serving size** 1/2 cup prepared (5g Mix)

Amount/serving	Mix	Prepared
Calories	20	60
	% DV*	% DV*
<b>Total Fat</b>	1g 1%	1g 1%
Saturated Fat	<1g 2%	<1g 2%
Trans Fat	0g	0g
<b>Cholesterol</b>	0mg 0%	<5mg 1%
<b>Sodium</b>	10mg 0%	80mg 3%
<b>Total Carb.</b>	3g 1%	9g 3%
Dietary Fiber	0g 0%	0g 0%
Total Sugars	<1g	3g
Incl. Added Sugars	0g 0%	0g 0%
<b>Protein</b>	<1g	4g
Vitamin D	0mcg 0%	1.5mcg 15%
Calcium	25mg 2%	170mg 13%
Iron	0mg 0%	0mg 0%
Potassium	75mg 2%	280mg 6%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Nonfat Dry Milk, Creamer Powder (Palm Oil, Corn Syrup Solids, Sodium Caseinate, Mono And Diglycerides, Sodium Silico Aluminate), Maltodextrin, Modified Corn Starch, Carrageenan, Potassium Citrate, Natural Flavor, Artificial Flavor, Emulsifier (Mono And Diglycerides, Nonfat Milk Solids, Modified Corn Starch), Acesulfame Potassium, Sucralose, Yellow #5 And #6. Contains Milk

CALORIE CONTROL® is a trademark of Bernard Food Industries, Inc.,  
Evanston, IL 60204-1497 1-800-323-3663