



BERNARD
FOOD INDUSTRIES, INC.®

**LEMON
FLAVORED
CALCIUM & VITAMIN ENRICHED
BEVERAGE MIX
3.3GM SINGLE SERVING PACKETS
REORDER 452043**

This Calcium Fortified Vitamin Enriched Beverage Mix contains 25% (250 mg) of the recommended Daily Value of Calcium as well as 100% (60mg) of the DV of Vitamin C, 35% (2mcg) Vitamins B12, 35% (140 IU) Vitamin D3 and 35% (11 IU) Vitamin E.

Our Calcium and Vitamin Enriched Beverage Mix is an excellent calcium source alternative to milk at a much lower cost per serving. Calcium Lactate, the calcium source used in this product, is 100% water-soluble, eliminating any sediment after about 2 minutes in solution, unlike the calcium used in some competing products, which settle out without constant re-stirring. Furthermore, Calcium Lactate provides a high level of bio-availability which allows the body a high rate of intestinal absorption. Additional Vitamins were added at the request of correctional facilities for the benefit of their inmates. D3 helps the body absorb calcium, E and C serve as anti-oxidants and contribute to overall good health.

Sweetened with Aspartame and Acesulfame Potassium, this product is 100% sugar-free and is a delicious tasting beverage. Each 3.3 gram envelope, when combined with 8 ounces of water, yields one 8 ounce serving.

GLUTEN FREE

Nutrition Facts

Serving Size 1 cup prepared (3.3g mix)
Servings Per Container 1

Amount Per Serving

Calories 5 Calories from Fat 0

%Daily Value*

Total Fat 0 g		0%
Saturated Fat	0 g	0%
Trans Fat	0 g	
Cholesterol	0 mg	0%
Sodium	0 mg	0%
Potassium	5 mg	0%
Total Carbohydrate	0 g	0%
Dietary Fiber	0 g	0%
Sugars	0 g	
Protein	0 g	0%
Vitamin A		0%
Vitamin C		100%
Calcium		25%
Iron		0%
Vitamin B-12		35%
Vitamin D		35%
Vitamin E		35%

* Percent Daily Values are based on a 2000 calorie diet. Your values may be higher or lower depending on your needs:

		Calories: 2,000	2,500
Total Fat	Less than	65 g	80 g
Saturated Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2400 mg	2400 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g

Ingredients: CALCIUM LACTATE, CITRIC ACID, DEXTROSE, NATURAL FLAVOR, SILICON DIOXIDE, ASCORBIC ACID (VITAMIN C), CELLULOSE GUM, ASPARTAME*, ACESULFAME POTASSIUM, VITAMIN E ACETATE, YELLOW #5, VITAMIN D 3, VITAMIN B 12.

* PHENYLKETONURICS: CONTAINS PHENYLALANINE

NET WEIGHT 7.28 LBS. (3.30 KGS)

Bernard Food Industries, Inc.
Evanston, IL 60204-1497 1-800-323-3663