



BERNARD
FOOD INDUSTRIES, INC.®

FRUIT PUNCH
FLAVORED
CALCIUM & VITAMIN ENRICHED
BEVERAGE MIX
3.3GM SINGLE SERVING PACKETS
REORDER 452023

This Calcium Fortified Vitamin Enriched Beverage Mix contains 25% (250 mg) of the recommended Daily Value of Calcium as well as 100% (60mg) of the DV of Vitamin C, 35% (2mcg) Vitamins B12, 35% (140 IU) Vitamin D3 and 35% (11 IU) Vitamin E.

Our Calcium and Vitamin Enriched Beverage Mix is an excellent calcium source alternative to milk at a much lower cost per serving. Calcium Lactate, the calcium source used in this product, is 100% water-soluble, eliminating any sediment after about 2 minutes in solution, unlike the calcium used in some competing products, which settle out without constant re-stirring. Furthermore, Calcium Lactate provides a high level of bio-availability which allows the body a high rate of intestinal absorption. Additional Vitamins were added at the request of correctional facilities for the benefit of their inmates. D3 helps the body absorb calcium, E and C serve as anti-oxidants and contribute to overall good health.

Sweetened with Aspartame and Acesulfame Potassium, this product is 100% sugar-free and is a delicious tasting beverage. Each 3.3 gram envelope, when combined with 8 ounces of water, yields one 8 ounce serving.

GLUTEN FREE

Nutrition Facts

Serving Size 1 cup prepared (3.3g mix)
Servings Per Container 1

Amount Per Serving

Calories 5 Calories from Fat 0

%Daily Value*

Total Fat 0 g **0%**

Saturated Fat 0 g 0%

Trans Fat 0 g

Cholesterol 0 mg **0%**

Sodium 0 mg **0%**

Potassium 5 mg **0%**

Total Carbohydrate 0 g **0%**

Dietary Fiber 0 g 0%

Sugars 0 g

Protein 0 g **0%**

Vitamin A 0%

Vitamin C 100%

Calcium 25%

Iron 0%

Vitamin B-12 35%

Vitamin D 35%

Vitamin E 35%

* Percent Daily Values are based on a 2000 calorie diet. Your values may be higher or lower depending on your needs:

		Calories: 2,000	2,500
Total Fat	Less than	65 g	80 g
Saturated Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2400 mg	2400 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g

Ingredients: CALCIUM LACTATE, CITRIC ACID, DEXTROSE, ARTIFICIAL FLAVOR, ASCORBIC ACID (VITAMIN C), SILICON DIOXIDE, CELLULOSE GUM, ASPARTAME*, ACESULFAME POTASSIUM, VITAMIN E ACETATE, RED #40, VITAMIN D 3, VITAMIN B 12.

* PHENYLKETONURICS: CONTAINS PHENYLALANINE

NET WEIGHT 7.28 LBS. (3.30 KGS)

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