



BERNARD
FOOD INDUSTRIES, INC.®

**LEMON
FLAVORED
DRINK MIX**

REORDER 428053

Available in 7 popular flavors, Bernard 5 X 5 Beverage Base Mixes are sweetened with a blend of Aspartame and Acesulfame Potassium.

Each 12 oz. serving provides 100% DV of Vitamin C, 125% DV Vitamin B-12, 30% DV Vitamin D and 50 mg Calcium.

Packed in a moisture resistant foil lined paper pouch, simply add the contents of a 5 oz. pouch to 5 gallons of water and stir.

Bernard 5 X 5 beverage mixes go into solution quickly and easily, leaving no sediment in the container or cup.

High quality flavor, combined with Vitamin & Calcium fortification and extremely economical cost per serving, make these products an easy choice for the price sensitive correctional industry.

Nutrition Facts

53 servings per container

Serv. size 12. fl. oz. prepared (2.7g mix)

Amount per serving

Calories 10

% Daily Value*

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 20mg 1%

Total Carbohydrate 2g 1%

Dietary Fiber 0g 0%

Total Sugars 0g

Includes 0g Added Sugars 0%

Protein 0g

Vitamin D 5mcg 30%

Calcium 50mg 4%

Iron 0mg 0%

Potassium 0mg 0%

Vitamin C 90mcg 100%

Vitamin B12 3mg 125%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Maltodextrin, Citric Acid, Calcium Sulfate, Ascorbic Acid (Vitamin C), Natural And/Or Artificial Flavor, Sodium Citrate, Cellulose Gum, Aspartame*, Acesulfame Potassium, Silicon Dioxide, Vitamin D 3, Vitamin B 12, May Contain Red #40, Blue #1, Yellow #5, Yellow #6.
* Phenylketonurics: Contains Phenylalanine

PACK SIZE 72 @ 5 OZ.

NET WEIGHT 22.5 LBS. (10.21 KGS)

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