



BERNARD
FOOD INDUSTRIES, INC.®

**GLUTEN FREE
FUDGE
BROWNIE MIX**
REORDER 530463

Bernard Gluten Free Bakery Mixes use Enriched **Rice Flour**, making them 100% gluten free, enabling those who cannot tolerate gluten to enjoy delicious cakes and brownie products without dietary complications. Bernard Gluten Free Cake and Brownie mixes require only the addition of water and offer the full flavor, appearance and texture of regular bakery mix products.

YIELD PER CASE: 6 - 9" x 13" sheet pans

PACK SIZE: 6 @ 20 oz.

Nutrition Facts	
Serving Size 28g mix	
Servings Per Container 20	
Amount Per Serving	
Calories 120	Calories from Fat 30
% Daily Value *	
Total Fat 3.5 g	5%
Saturated Fat 1.5 g	7%
Trans Fat 0 g	
Cholesterol 10 mg	3%
Sodium 120 mg	5%
Potassium 130 mg	4%
Total Carbohydrate 21 g	7%
Dietary Fiber < 1 g	3%
Sugars 13 g	
Protein 2 g	4%
Vitamin A	0%
Vitamin C	0%
Calcium	1%
Iron	6%
* Percent Daily Values are based on a 2000 calorie diet. Your values may be higher or lower depending on your needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65 g 80 g
Saturated Fat	Less than 20 g 25 g
Cholesterol	Less than 300 mg 300 mg
Sodium	Less than 2400 mg 2400 mg
Total Carbohydrate	300 g 375 g
Dietary Fiber	25 g 30 g

Ingredients: SUGAR, ENRICHED RICE FLOUR (RICE FLOUR, THIAMIN MONONITRATE, NIACIN, FOLIC ACID, IRON), SHORTENING POWDER (PALM OIL, CORN SYRUP SOLIDS, SODIUM CASEINATE, DIPOTASSIUM PHOSPHATE, MONOGLYCERIDES, SODIUM SILICOALUMINATE), COCOA (PROCESSED WITH ALKALI), CORN STARCH, DRIED EGG WHITE WITH SODIUM LAURYL SULFATE, WHOLE EGG SOLIDS, MODIFIED CORN STARCH, EMULSIFIER (PROPYLENE GLYCOL MONO AND DIESTERS OF FATS AND FATTY ACIDS, MONO AND DIGLYCERIDES, NONFAT MILK, PALM OIL AND DISODIUM PHOSPHATE), SALT, SODIUM ALUMINUM PHOSPHATE, SODIUM BICARBONATE, LECITHIN POWDER (SOY LECITHIN, NONFAT MILK, MALTODEXTRIN, PARTIALLY HYDROGENATED SOYBEAN OIL), XANTHAN GUM, ARTIFICIAL FLAVOR.

Contains MILK, EGG, SOY