



BERNARD
FOOD INDUSTRIES, INC.®

**GLUTEN FREE
CHOCOLATE
CAKE MIX**
REORDER 530423

Bernard Gluten-Free Cake Mixes use Enriched **Rice Flour**, making them 100% wheat-free, enabling those who cannot tolerate wheat to enjoy delicious Gluten-Free Cake without dietary complications.

Bernard Gluten-Free Cake Mixes require only the addition of water and offer the full flavor, appearance and texture of regular cake.

YIELD PER CASE: 6 - 9" x 13" sheet pans

PACK SIZE: 6 @ 20 oz.

Nutrition Facts

Serving Size 1/10 cake (57g mix)
Servings Per Container 10

Amount Per Serving	
Calories 230	Calories from Fat 50
% Daily Value *	
Total Fat 6 g	9%
Saturated Fat 2.5 g	14%
Trans Fat 0 g	
Cholesterol 15 mg	5%
Sodium 300 mg	13%
Potassium 200 mg	6%
Total Carbohydrate 42 g	14%
Dietary Fiber 2 g	6%
Sugars 20 g	
Protein 4 g	8%
Vitamin A	2%
Vitamin C	0%
Calcium	0%
Iron	10%

* Percent Daily Values are based on a 2000 calorie diet. Your values may be higher or lower depending on your needs:

	Calories:	2,000	2,500
Total Fat	Less than	65 g	80 g
Saturated Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2400 mg	2400 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g

Ingredients: SUGAR, ENRICHED RICE FLOUR (RICE FLOUR, THIAMIN MONONITRATE, NIACIN, FOLIC ACID, IRON), SHORTENING POWDER (PALM OIL, CORN SYRUP SOLIDS, SODIUM CASEINATE, DIPOTASSIUM PHOSPHATE, MONOGLYCERIDES, SODIUM SILICOALUMINATE), COCOA (PROCESSED WITH ALKALI), CORN STARCH, DRIED EGG WHITE WITH SODIUM LAURYL SULFATE, WHOLE EGG SOLIDS, MODIFIED CORN STARCH, SODIUM BICARBONATE, EMULSIFIER (PROPYLENE GLYCOL MONO AND DIESTERS OF FATS AND FATTY ACIDS, MONO AND DIGLYCERIDES, NONFAT MILK, PALM OIL AND DISODIUM PHOSPHATE), SODIUM ALUMINUM PHOSPHATE, SALT, XANTHAN GUM, LECITHIN POWDER (SOY LECITHIN, NONFAT MILK, MALTODEXTRIN), ARTIFICIAL FLAVOR.

Contains MILK, EGG, SOY